

The Benefice of St Germans
with Antony and Sheviock

THE MINISTRY TEAM

Sunday Services**4th July, Trinity 5**

10am Holy Communion @ Sheviock
10am Morning Prayer @ Donderry
7pm Sunday Worship on Zoom

11th July, Trinity 6

10am Holy Communion @ The Priory, St Germans
10am Morning Prayer @ Antony
7pm Sunday Worship on Zoom

18th July, Trinity 7

10am Holy Communion @ Donderry
10am Holy Communion @ Sheviock
7pm Sunday Worship on Zoom

25 July, Trinity 8 / James the Apostle

10am Holy Communion @ Antony
10am Morning Prayer @ The Priory, St Germans
7pm Sunday Worship on Zoom

Daily Services:

Monday 7pm on Zoom
Tuesday 10am Holy Communion @ Tideford
Wednesday 10am on Zoom
Thursday 10am Morning Prayer @ Hessenford,
7pm on Zoom
Friday 10am on Zoom
Saturday 7pm on Zoom
Email: Parker30@hotmail.com for the Zoom links

Rector:

Revd Canon Lynn Parker
Tel: 01503 230676
Email:
Parker30@hotmail.com

Curate:

Revd Laura Bushell Hawke
Tel: 01752 851187
Email:
RevLauraBH@gmail.com

Licensed Lay Ministers:

Matt Frost
Susan Irving
Richard Laugharne
Margaret Sylvester-Thorne
David Watters

Local Worship Leader:

Steve Guffick

SAFEGUARDING

Any safeguarding concerns should be passed to the Safeguarding Officer via the Vicarage:
01503 230676

The Diocesan Safeguarding Adviser is:
Sarah Acraman
01872 374351

Vicar's Letter

Not long now!!

I want to start by thanking you all for being so patient. At the start of the pandemic everything was new and different, and we found new ways of living life and being church – but now it's just dragging on and we want it finished and we want to get on and bring in new ways of living and being church.

But we must hold on, and not lose faith - there will be an end, and life will resume. Of course, it might not look quite the same, and sometimes that's not a bad thing.

But what we need to be doing now is planning and getting ready.

There is a petition on Facebook to try and get singing back in churches again!

Do you have ideas of what you would like to see happen when restrictions are lifted?

As you will have read in this month's newsletter we are getting ready to resume "Messy Church", and there are new ideas in the pipe line for different services.

We have also been working with the schools in our Benefice a lot recently, and that has been very rewarding to see the enthusiasm and creativity going on.

So, it all sounds very positive – but hang on in there – not long now.

Yours in Christ
Canon Lynn

Antony School has recently enjoyed a pony trekking trip! The school has places available for September, please contact Stephanie Heatherington for more details.

Donaldson Class- EYFS Pony Trekking School Trip!

Email: shetherington@stbarnabasmat.com

Telephone: 01752 812555



Introducing..... Judy Scott

Perhaps I have a very naïve belief and understanding of God and religion but I have always felt and believed that God is with me wherever I go and in whatever I do. I do question am I good enough for God? Am I living the life of a good Christian? I was a chronically shy child and would go nowhere without someone I knew and shyness has been the obstacle I have had to battle with all my life but God is the constant.

As to my background - I have lived in Cornwall for 44 years but was born in South Shields. I was baptised into the Presbyterian Church as three of my grandparents were Scottish (one Welsh). My early memories of church life apart from sitting on small wooden chairs at Sunday School was attending "Sales of Work" to raise funds to build a new Presbyterian church, a fact I did not appreciate at the time. St Margaret's was finally built and from the age of four this was our family church. The last 'Founder' member, my aunt, who led a parallel life to me only in a Presbyterian church, died two years ago. So how did I end up being a Sacristan, Honorary Secretary of the PCC, Pastoral Visitor and Churchwarden in the Church of England. We moved house. As I have said I was a shy child and my friend from school who lived in the same road asked me if I would like to go to Sunday School with her, my Mother agreed and so began my journey in the Church of England. Sadly my paternal grandmother, who was also my godmother, refused to set foot in any other church and did not come to my confirmation. It did cause a rift in the family for quite a while but I think it taught me respect and tolerance of other forms of worship.

I knew I wanted to be a teacher so at sixteen became a Sunday School teacher which I thoroughly enjoyed. I went to Teacher Training College in Poulton-Le-Fylde, it had only been established the previous year so there were only 196 students so the staff knew everyone by name and the small numbers suited me, and fortunately my room-mate attended church regularly (and still does) so we went to St Chad's together. Since qualifying as a Nursery Infant Teacher I taught in schools in London "Down the Old Kent Road", Tyne Dock South Shields and Gateshead. Ian's work took us to Cardiff and got a job in Ely, Cardiff all the schools were considered to be in deprived areas and quite a contrast to the private school I had attended, but so rewarding to teach in. There were some harrowing experiences. We didn't like city life having always lived by the sea and so Ian applied for two jobs as Pharmacist one in Kirkwall, Orkney, and one in Torpoint. The cost of moving to Kirkwall would have taken every penny we had so with a 7 week old baby and 19 month toddler we moved to Torpoint.

I didn't feel comfortable worshipping at St James, Torpoint I felt it was too "high" church for me so I occasionally attended the original Cornerstone church.

When the children started their schooling at Torpoint Nursery and Infant School I volunteered as a parent helper, then Classroom Assistant, Supply Teaching (only at Torpoint – familiar ground!) and ended up science co-ordinator and Year Group leader. There were up to 120 children in each year and backgrounds covered the whole spectrum of life. I was there for nearly 30 years!

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After nine years in Torpoint we moved to Shevioc. St Mary's was across the lane, I decided to attend a service, people were friendly and welcoming so I attended regularly. I did have a short break when my youngest daughter walked out I didn't blame God I have never prayed so hard in my life but I knew if I went to Church I would have to sit quietly. I had to keep busy. Then one Christmas Day I went to church, a lady was helped in in a wheel chair she asked if she could sit with me and I guided her through the service. At the end she thanked me for helping her I replied that she had helped me. I hadn't thought of my troubles. I had never seen the lady before and have never seen her since. No one could tell me who she was. It was the following Christmas Eve before I went to Church again, as I left Reverend Nigel Fox asked me where I came from I answered "across the lane". The reply was "Well perhaps you can cross the lane again". I did. Christine England asked me to become a sacristan, Pauline Kemp PCC secretary, Sue Nicholas to help with the Children's Activity days. Reverend Lynn asked me to do a reading I said no. Then one sermon Reverend Lynn said that no matter what we were asked to do God was with us and I realised by refusing to be a reader I was refusing God. My first time was a Christingle service, from the pulpit to a congregation of over 100! I then became Churchwarden forgetting I would have to do notices every week!

One privilege of being churchwarden is to be present at baptisms, weddings and funerals making sure everything is in place and that the events run smoothly. Another was becoming a member of the Project Team to raise funds to install a kitchenette in church and have a toilet built outside. The warmth and support we received from the community and the friendships made were overwhelming. Two remarks from children remain with me. After taking early retirement I continued to do supply work at Torpoint Infants, I was taking a Religious Education lesson when asked the usual question "What does God look like?" I gave the answer nobody knows. Elliot piped up "Mrs Coles does." Mrs Coles, a teacher had died two weeks previously. Reverend Jackie Johnson had taken a special assembly for the children and staff. Another from my granddaughter when attending the baptism of Reverend Claire Mc Ilroy's son, one of their African friend's was godfather and she asked "Is that Jesus". I immediately responded "no". But then asked myself the question – "How do I know what Christ will look like, would I recognise him?" Perhaps a naïve belief is a blessing.

Congratulations

Congratulations to Steve Guffick in the St Germans Group Parish who has been recommended to train for Ordained ministry. Steve will start his training as an Ordinand with the South West Ministry Training Course (SWMTC) in September. Please hold Steve and Anna and their family in your prayers as Steve embarks on this formation process over the next three years.

Living Out the Kingdom Values

One of the most important things we can do as followers of Christ is to protect and look after the most vulnerable people in our communities. Jesus cared for the vulnerable and those in need, and we are called to minister in a similar way. We are told in Matthew 24: 40 "Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me", Jesus equated serving or neglecting the vulnerable with serving or neglecting God. So, to be sheep rather than confused goats, we need to put the vulnerable at the centre of what we do as a church community.

This means that Safeguarding must be a top priority for us. Working in a manner that does no harm to anyone else is key, it comes in many guises including risk assessing our buildings and activities, food safety, adhering to Covid guidance, attending Safeguarding training and completing our DBS forms when asked. Every single one of us must be committed to protecting those who are vulnerable, remembering that a vulnerability is not always obvious.

I know sometimes the administrative burden makes the tasks seem too difficult, but when we tackle them in small chunks and as a team none of these tasks are unachievable. Especially when we know we are doing them to love our neighbour and as disciples of Jesus.

To help slightly with the burden I will hold regular DBS and Safeguarding Training Surgeries at Landrake Vicarage, to help people who need to apply for their DBS or complete training online. This is for all three parishes. If your last DBS was undertaken in or before **2016** your DBS is now due for renewal. If your training was undertaken in or before **2018** you must now renew it.

I do realise the middle of the working day is not always convenient. Do email me if you need help with a DBS or Safeguarding Training and cannot attend.

The first DBS and Safeguarding Training Surgery will be:

Monday 12 July
Drop in anytime from 10am – 4pm
Coffee, chat and puppy cuddles also available!

Revd Laura
The Vicarage
School Road
Landrake, PL12 5EA

Email: RevLauraBH@gmail.com

Tel: 01752 851187

The foodbanks urgently need:

Washing up liquid
Washing powder
Bleach
Anti bacterial cleaning spray
Long life milk
Rice pudding

There is a drop off point in the porch of St Nicolas,
Downderry.



Covid Testing If You Do Not Have Symptoms

Free Lateral Flow Devices (LFDs) are available from:

- Liskeard Test Site
- <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>
- Calling 119.

Around 1 in 3 people with COVID-19 do not have symptoms. You should do a rapid test twice a week (every 3 to 4 days) to check if you have the virus, even if you have been fully vaccinated. If people test positive and self-isolate, it helps stop the virus spreading.

Rapid lateral flow tests help to find cases in people who may have no symptoms but are still infectious and can give the virus to others.

The test usually involves taking a sample from your tonsils (or where they would have been) and from your nose, using a swab. You can get a result in 30 minutes, which are then recorded on the gov.uk website.

This is one simple way that we can all help to keep each other safe in the months ahead – you might like to make one of your test days early on a Sunday morning!

These tests are not mandatory.

Western Power Priority Services Register

The free Priority Services Register is for anyone who is of pensionable age, disabled or relies on medical equipment that needs electricity (like a CPAP). Please do register with them for their priority service so they know how to help you in the event of a power cut. With your permission they can also add you to the Priority Services Register for other utility companies.

<https://www.westernpower.co.uk/customers-and-community/priority-services/priority-services-register>

Thank you

I would like to say a huge thank you to you all for the support and kindness in the lead up to my recent Ordination to the Priesthood. I was truly humbled by the gorgeous gift of a home communion set, I will treasure that for the rest of my ministry. I've included a photo (below) so you can all see just how perfect it is.

The retreat leading up to the Ordination was slightly different to normal due to Covid but Archdeacon Kelly led us through the themes of being: taken, broken, blessed distributed and enough. All of this was very thought provoking, luckily due to the first 48hrs being in silence we had plenty of time to think and pray!

The Ordination took place in Truro Cathedral and Bishop Hugh presided. It was a magnificent service and the guests were so well spaced out that it felt very safe for everyone.

I look forward to serving you in my new role as a Priest.

Revd Laura





Messy Church

Messy Church is a form of church for adults and children that involves creativity, celebration and hospitality. It is not a children's church and it is not a way of attracting more people to our regular services. It is a church for people at all stages of their faith journey and of any age. The sessions are basically the same beginning with a welcome followed by craft activities based on a theme then celebration and finally a meal together. Our team of helpers come from both the Anglican and the Methodist churches.

We have been running our Messy Church in St Germans since 2012 with varying family combinations coming from all our local villages and even one family from Liskeard. Before the pandemic hit in March 2020 we had a core group of four families with others joining occasionally. During these months of lockdown Messy Church activity packs for Easter, Christmas and Harvest have been given out to our families and also to any other families we know who might appreciate them.

We are aiming to restart Messy Church at St Germans Priory during the summer with the first session being Saturday 24th July and then Saturday 4th September. Sessions will be from 10.00 am until 12 noon. St Germans Priory is large enough to hold several families depending on the COVID restrictions at the time. We will make good use of the outside space (weather permitting) and ask families to bring their own picnic. The aim is not only to learn about Jesus but to have FUN! A planning meeting will be held soon to discuss our July session. We are always looking for new helpers to provide a pool of ideas and creativity or to help find resources or set up and clear up after sessions. If you would like to help or find out more email reed.evelyn@gmail.com Please spread the word around our parishes about Messy Church especially as lots of new families have moved into our villages in the last year.

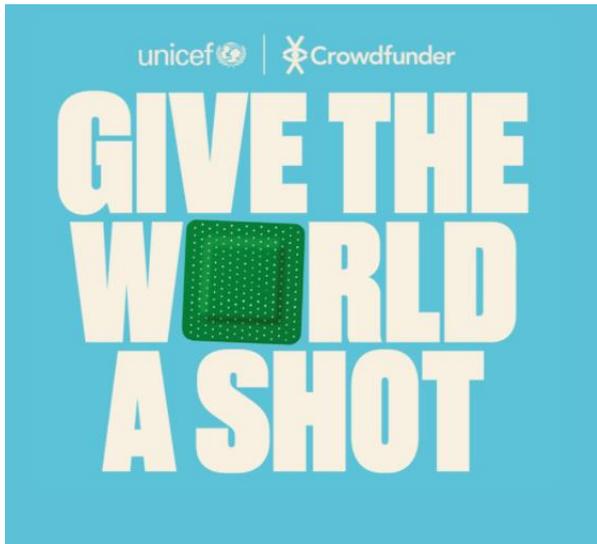
Baptism at Sir Robert Geffery's School

While Saltash Benefice has been in vacancy Revd Laura has been helping out by being a Foundation Governor to represent the Diocese at Sir Robert Geffery's C of E primary school in Landrake. Part of this has involved videoing weekly assemblies for the children as well as helping with the recruitment process to find a new Headteacher following the announcement of Julie Curtis's retirement in December 2021.

One of the most unexpected delights has been to baptise the Year One teacher, Kylie James, who asked to be baptised within the school which is her worshipping community. Year One and Year Three were present for the service which took place on the school farm and delicious cupcakes were enjoyed by all afterwards. It created a wonderful learning opportunity for the children and a special baptism for Kylie.

We have also arranged termly Holy Communion at the school and we look forward to welcoming Bishop Hugh in November for a Confirmation service.





Covid Vaccine

Here in the UK we have been fortunate enough to have the opportunity to have the vaccine. Sadly, this has not been the case across the world. Unicef is fundraising to be able to offer the vaccine in other countries such as India where less than 10% of the population is vaccinated. By donating to Unicef we can help make the world safer for all of us.

**And finally....
(It's back!)**

How do you know that atoms are High Church?
They have mass.

When someone needed a boat made, what did the people in town say?
We Noah guy.

During a Sunday school lesson on Genesis chapter 2, Hugo learned about how God created human beings. The child became especially focused when the teacher explained how Eve was created from Adam's ribs. Later in the week, Hugo's mother saw him lying down on the floor, so she asked him what was wrong. His reply was priceless: "Mummy, I have a pain in my side - I think I'm getting a wife."

A joyful heart is good medicine - Proverbs 17: 22

Newsletter Deadline

If you have any articles or information for the August newsletter, please email it to: RevLauraBH@gmail.com by 20 July.

The Benefice of St Germans with Antony and Sheviock

www.stgermansparishes.com www.achurchnearyou.com



St Germans Church – The Priory